

# 31<sup>st</sup> European Meeting



## on Hypertension and Cardiovascular Protection

Focus on Hypertension and heart failure phenotypes

June 17-20, 2022  
Athens, Greece

Megaron Athens International Conference Centre (MAICC)

[www.esh2022.eu](http://www.esh2022.eu)




# TIMETABLE





## TIMETABLE - THURSDAY, JUNE 16

Please note that all times refer to the Greek Time Zone in June 2022: EEST (Eastern European Summer Time)

	A. TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1
		HSH MEETING					

**TIMETABLE - FRIDAY, JUNE 17**

Please note that all times refer to the Greek Time Zone in June 2022: EEST (Eastern European Summer Time)

	A. TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
13.00	GREEK SATELLITE LECTURE PFIZER	Meeting of the ESH Working Group on Small Arteries	Meeting of the ESH Working Group on Hypertension and the Brain	Meeting of the ESH Working Group on Endocrine Hypertension	Meeting of the ESH Working Group on Lifestyle, Cardiovascular Pharmacotherapy and Adherence			13.00
13.30								Meeting of the ESH Working Group on Large Arteries
14.30		Meeting of the ESH Working Group on Blood Pressure Monitoring and Cardiovascular Variability	Meeting of the ESH Working Group on Hypertension and the Heart	Meeting of the ESH Working Group on Hypertension in Children and Adolescents	Meeting of the ESH Working Group on Device-Based Treatment of Hypertension	Meeting of the ESH Working Group on Hypertension and Kidney	Meeting of the ESH Working Group on Hypertension and Cardiovascular Disease in Special Populations	14.30
15.00								
16.00	General Assembly of the ESH Working Groups							16.00
16.30		Joint Session ESH-WHL CALL TO ACTION FOR HYPERTENSION CONTROL IN AFRICA	Iberican Session THE IBERICAN STUDY: ANALYSIS OF CARDIOVASCULAR RISK IN SPAIN	Session Jointe ESH et Societe d'Hypertension de Langue Française - Joint Session ESH and French speaking Hypertension Societies NOUVEAUTÉS DANS LE DOMAINE DE L'HYPERTENSION - INNOVATION IN HYPERTENSION	The Balkan Symposium	Joint Session ESH- WHO NONCOMMUNICABLE DISEASES AND MIGRANT HEALTH	Portuguese Speaking Countries Session HYPERTENSION FOLLOW-UP DURING THE COVID-19 PANDEMIC SURGE	16.30
17.15								
17.30	OPENING OF THE CONGRESS							17.30
18.00								
19.00								19.00

**TIMETABLE - SATURDAY, JUNE 18**

**morning**



Please note that all times refer to the Greek Time Zone in June 2022: EEST (Eastern European Summer Time)

	<b>A. TRIANTI</b>	<b>MITROPOULOS</b>	<b>SKALKOTAS</b>	<b>BANQUETING</b>	<b>MC 2</b>	<b>MC 3</b>	<b>CONFERENCE ROOM 1</b>	
07.45		<b>Breakfast Session</b> TREATMENT OF HYPERTENSIVE EMERGENCIES	<b>Breakfast Session</b> FIBROMUSCULAR DISPLASIA (FMD) - BEYOND RENAL ARTERIES	<b>Breakfast Session</b> ONCOLOGY MEETS HYPERTENSION: CURRENT TRENDS	<b>Breakfast Session</b> HYPERTENSION AND ATRIAL FIBRILLATION	<b>Breakfast Session</b> WHAT THE GENERAL HYPERTENSIOLOGIST NEEDS TO KNOW ABOUT SPECIFIC CHRONIC KIDNEY DISEASE PATIENTS?	<b>Breakfast Session</b> MULTIMODALITY IMAGING FOR HMOD. WHICH MODALITY REMAINS THE GOLD STANDARD	07.45
08.00	<b>Joint Session ESH-CHL</b> JOINT SESSION ON CENTRAL HAEMODYNAMICS							
08.45								08.45
09.00			<b>Oral Session 3</b> MICROCIRCULATION	<b>Plenary Session 1</b> WHAT IS THE OPTIMAL BP TARGET IN CKD?	<b>Oral Session 1</b> LIFESTYLE CHANGES	<b>Joint Session ESH-ISH</b> NEW THERAPEUTIC OPPORTUNITIES FOR MANAGEMENT OF HYPERTENSION	<b>Oral Session 2</b> THERAPEUTICS AND CLINICAL TRIALS	09.00
10.00	<b>Minisymposium</b> BETA-BLOCKERS IN COMBINATIONS: ADDITIONAL OPPORTUNITY TO INDIVIDUALIZE TREATMENT FOR HYPERTENSIVE PATIENTS WITH CARDIAC DISEASES <i>Supported by Servier</i>	<b>Workshop</b> MASTERING: NIGHTTIME HYPERTENSION AND NON-DIPPERS – IMPLICATIONS FOR THERAPY			<b>Oral Session 4</b> CEREBROVASCULAR DISEASES, STROKE, AND COGNITIVE DYSFUNCTION			10.00
10.15				<b>Oral Session 5</b> EPIDEMIOLOGY AND GLOBAL BURDEN		<b>Oral Session 6</b> KIDNEY 1	<b>Oral Session 7</b> ENDOCRINE AND GENETIC HYPERTENSION	
11.00								
11.15	<b>Workshop</b> HYPERTENSION AND CARDIOMETABOLIC RISK	<b>Hands On</b> CONTINUOUS CUFFLESS WEARABLE BLOOD PRESSURE DEVICES: POTENTIAL CLINICAL USES FOR THE OPTIMAL MANAGEMENT OF HYPERTENSION <i>Supported by Aktia</i>	<b>Minisymposium</b> ADVANCING HYPERTENSION TREATMENT: BEYOND LIFESTYLE MODIFICATIONS AND MEDICATIONS <i>Supported by Medtronic</i>	<b>Late Breakers ORAL SESSION 1</b>	<b>Minisymposium</b> INITIAL SINGLE PILL COMBINATIONS IN HYPERTENSION MANAGEMENT <i>Supported by Sanofi</i>	<b>Workshop</b> MASTERING: HYPERTENSION IN WOMEN FROM DIAGNOSIS TO TREATMENT	<b>Oral Session 8</b> PRECISION MEDICINE AND ARTIFICIAL INTELLIGENCE IN HYPERTENSION	11.15
11.30								
12.00								12.00
12.15								12.15
12.30	<b>BREAK - box lunches distribution (until 14.00)</b>							12.30
13.00								13.00

**TIMETABLE - SATURDAY, JUNE 18**

**afternoon**

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	<b>A. TRIANTI</b>	<b>MITROPOULOS</b>	<b>SKALKOTAS</b>	<b>BANQUETING</b>	<b>MC 2</b>	<b>MC 3</b>	<b>CONFERENCE ROOM 1</b>		
13.00	<b>Satellite Symposium</b> WITH THE RECENT BP TARGETS, WHAT IS THE NEW FRONTIER FOR TRIPLE SPC AND BEYOND? <i>Supported by Servier</i>							13.00	
13.30								13.30	
14.00								14.00	
14.30								14.30	
15.00	<b>Oral Session 12</b> HYPERTENSION IN CHILDREN	<b>Minisymposium</b> A NOBEL PRIZE MOLECULE FOR HYPERTENSION <i>Supported by Menarini</i>	<b>Joint Session ESH-ESC</b> HYPERTENSION AND ORGAN DAMAGE	<b>Teaching Seminar Session 1</b> BLOOD PRESSURE MEASUREMENT. WHAT THE 2021 ESH PRACTICE GUIDELINES RECOMMEND	<b>Meet-the-Expert</b> TREATING HTN AND DM TO PREVENT HF. ONE SHOT - ONE KILL?	<b>How-to Session</b> HYPERTENSION IN BLACK AFRICANS: CONSENSUS STATEMENT OUTLINE	<b>Oral Session 11</b> BLOOD PRESSURE MEASUREMENTS 1	<b>Oral Session 13</b> MOLECULAR MECHANISMS	15.00
15.45	15.45								
16.00	<b>BREAK</b>							16.00	
16.30	<b>Plenary Session 2</b> ANTIHYPERTENSIVE THERAPY 2022		<b>Joint Session ESH-ARTERY</b> ARTERIAL BIOMARKERS IN CLINICAL HYPERTENSION: HOW TO MOVE EVEN FURTHER?		<b>Clinical Cases Session</b> HOW TO MANAGE A HYPERTENSIVE PATIENT WITH ELECTROLYTE DISORDERS			16.30	
17.00								17.00	
17.30								17.30	
18.00								18.00	
18.15	<b>Joint Session ESH-ACC</b> HOME BLOOD PRESSURE MONITORING- AMERICAN AND EUROPEAN PERSPECTIVES AND FUTURE DIRECTIONS	<b>Joint Session ESH-HSH</b> DIABETES AND CARDIOMETABOLIC RISK FACTORS	<b>Clinical Cases Session</b> HOW TO MANAGE A HYPERTENSIVE PATIENT WITH COMORBIDITIES	<b>Clinical Cases Session</b> HOW TO MANAGE HYPERTENSION IN ADOLESCENTS				18.15	
19.15								19.15	

**TIMETABLE - SUNDAY, JUNE 19**

**morning**



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	A. TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1		
07.45		<b>Breakfast Session</b> GREY ZONES IN THE FIELD OF HYPERTENSION TREATMENT	<b>Breakfast Session</b> LIVING IN AN UNHEALTHY ENVIRONMENT. HOW TO ACHIEVE BLOOD PRESSURE TARGETS	<b>Breakfast Session</b> UNDERSTANDING BETTER THE COGNITIVE IMPAIRMENT IN HYPERTENSION	<b>Breakfast Session</b> HYPERTENSION AND STROKE	<b>Breakfast Session</b> UNDERSTANDING BETTER HYPERTENSION IN OLDER ADULTS	<b>Breakfast Session</b> SHIFTING EXERCISE RECOMMENDATIONS IN HYPERTENSION AND COMORBIDITIES	07.45	
08.00	<b>Joint Session ESH-KSH</b> CURRENT CONCEPTS OF HYPERTENSION MANAGEMENT IN YOUNG PATIENTS							08.00	
08.45								08.45	
09.00			<b>Joint Session ESH-ERA</b> CURRENT CONCEPTS IN HYPERTENSION AND KIDNEY DISEASE	<b>Plenary Session 3</b> WHAT SHOULD BE THE ROLE OF RDN IN THE CLINICAL PRACTICE?	<b>Oral Session 15</b> LARGE ARTERIES		<b>Oral Session 14</b> LIFESTYLE AND COMORBIDITIES	09.00	
10.00	<b>How-to Session</b> DIAGNOSIS OF NON-ADHERENCE IN THE CLINICAL CONSULTATION: WHEN AND HOW?	<b>Workshop</b> A YEAR OF RESEARCH IN FIBROMUSCULAR DYSPLASIA (FMD)							10.00
10.15				<b>Minisymposium</b> GLOBAL TREATMENT OF ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD): POLYPILL AS BASELINE TREATMENT FOR PATIENTS WITH ESTABLISHED ASCVD <i>Supported by Ferrer</i>			<b>Minisymposium</b> ADVANCING THE TREATMENT OF UNCONTROLLED HYPERTENSION WITH ULTRASOUND RDN <i>Supported by Recor</i>	<b>Meet-the-Expert</b> UNDERSTANDING BETTER HFPEF: THE VERSATILE DISEASE	10.15
10.30								10.30	
11.00	<b>Minisymposium</b> SHOULD WE TREAT HYPERTENSION, OR SHOULD WE TREAT PATIENTS? <i>Supported by Servier</i>	<b>Late Breakers ORAL SESSION 2</b>						11.00	
11.30			<b>Minisymposium</b> NOCTURNAL HYPERTENSION: RISK FACTOR FOR ORGAN DAMAGE <i>Supported by Omron</i>	<b>Oral Session 16</b> KIDNEY 2			<b>How-to Session</b> HOW TO READ AND INTERPRET DIFFERENT TYPES OF META-ANALYSES IN HYPERTENSION: FOCUS ON PROS. AND CONS.	<b>Oral Session 17</b> COVID-19 AND HYPERTENSION	11.30
12.00								12.00	
12.30	<b>BREAK - box lunches distribution (until 14.00)</b>				<b>12.30-13.30</b> General Assembly			12.30	
13.00								13.00	
13.30								13.30	

**TIMETABLE - SUNDAY, JUNE 19**



**afternoon**

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	<b>A. TRIANTI</b>	<b>MITROPOULOS</b>	<b>SKALKOTAS</b>	<b>BANQUETING</b>	<b>MC 2</b>	<b>MC 3</b>	<b>CONFERENCE ROOM 1</b>	
13.00	<b>Satellite Symposium</b> CONSIDERING HYPERTENSION, SYMPATHETICALLY! <i>Supported by Merck</i>		<b>Clinical Cases</b> American Heart Association					13.00
13.30								13.30
14.00								14.00
14.30	<b>Oral Session 20</b> ATRIAL FIBRILLATION AND HYPERTENSION-MEDIATED ORGAN DAMAGE (HMOD)	<b>HANDS ON</b> THE CHALLENGE OF NIGHT-TIME BLOOD PRESSURE MEASUREMENT <i>Supported by Somnomedics</i>	<b>Workshop</b> HYPERTENSION AND CORONARY CIRCULATION: ARE WE DOING OUR BEST?	<b>Teaching Seminar</b> <b>Session 2</b> SECONDARY HYPERTENSION. WHEN TO SUSPECT, HOW TO SCREEN AND HOW TO TREAT				14.30
15.00								15.00
15.30								15.30
15.45								15.45
16.00	<b>BREAK</b>							16.00
16.30	<b>PLENARY SESSION 4</b> ESH AWARDS							16.30
18.00								18.00
18.15								18.15
18.15	<b>NEW ESH Members</b>	<b>Clinical Cases Session</b> HOW TO MANAGE DIFFERENT CLINICAL HYPERTENSIVE PHENOTYPES	<b>Clinical Cases Session</b> HOW TO MANAGE HYPERTENSION IN HEART DISEASE	<b>Clinical Cases Session</b> HOW TO MANAGE SECONDARY HYPERTENSION	<b>Joint Session</b> <b>ESH-LASH</b> THE CHALLENGE OF IMPROVING BLOOD PRESSURE CONTROL			18.15
19.15								19.15

## TIMETABLE - MONDAY, JUNE 20

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	A. TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
07.45		Breakfast Session "MODERN LIFESTYLE" AND HYPERTENSION	Breakfast Session PULSE WAVE VELOCITY IN THE CLINIC – MEASUREMENT OR ESTIMATION?	Breakfast Session HOW TO INTERPRET AND MANAGE HEART RATE IN HYPERTENSION	Breakfast Session SALT AND POTASSIUM INTAKE; HYPERTENSION AND CARDIOVASCULAR DAMAGE	Breakfast Session INDIVIDUALIZING THE ANTIHYPERTENSIVE TREATMENT	Breakfast Session STATUS OF BLOOD PRESSURE VARIABILITY	07.45
08.00	Joint Session ESH-Indian society of hypertension REDUCING CARDIOVASCULAR RISK IN HYPERTENSION							08.00
08.45								08.45
09.00		How-to Session SPECIAL SETTINGS FOR BLOOD PRESSURE MEASUREMENT - WHEN AND HOW?	Workshop HYPERTENSION TREATMENT TARGETS IN THE ELDERLY: NEW DATA AND OLD PROBLEMS	Workshop RENAL DENERVATION – FROM SCIENCE TO CLINICAL PRACTICE	Oral Session 22 DIABETES AND OBESITY	How-to Session MANAGING HYPERTENSION AND CVD RISK IN PATIENTS WITH CKD	Oral Session 23 KIDNEY 3 AND RELATED ASPECTS	
09.30								09.30
10.00			Joint Session ESH-HEART FAILURE ASSOCIATION (HFA) FROM HYPERTENSION TO HEART FAILURE	Meet-the-Expert NOVELTIES IN THE DIAGNOSIS AND MANAGEMENT OF PRIMARY ALDOSTERONISM	Workshop INFLAMMATION, IMMUNITY AND THE ARTERIAL DAMAGE: WHAT HAVE WE LEARNED FROM THE COVID-19 PANDEMIC?			10.00
10.15								
11.00	PLENARY SESSION 5							11.00
12.30	BREAK - box lunches distribution							12.30
13.00	Teaching Seminar Session 3 EVALUATING THE WHOLE SPECTRUM OF DIFFICULT TO CONTROL (RESISTANT) HYPERTENSION			Oral Session 24 AGEING		Workshop ABOUT COVID-19 AND HYPERTENSION AND CARDIOVASCULAR DISEASE	Late Breakers ORAL SESSION 3	13.00
13.30		Workshop PREVENTION IN CHILDREN AND ADOLESCENTS	Meet-the-Expert THROMBOEMBOLISM AND BLEEDING IN HYPERTENSION AND ATRIAL FIBRILLATION: "ALL IN GOOD MEASURE"		How-to Session HOW TO EVALUATE VASCULAR AGEING – CLINICAL CASE STUDIES			
14.00								14.00
14.15								14.15
14.30								14.30