



# 31<sup>st</sup> European Meeting



## on Hypertension and Cardiovascular Protection

Focus on Hypertension and heart failure phenotypes

June 17-20, 2022

Athens, Greece

Megaron Athens International Conference Centre (MAICC)

[www.esh2022.eu](http://www.esh2022.eu)



# TIMETABLE



**TIMETABLE - FRIDAY, JUNE 17**

Please note that all times refer to the Greek Time Zone in June 2022: EEST (Eastern European Summer Time)

	TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
13.00	Lecture FIRST ORAL ANTIVIRAL TREATMENT APPROVED BY EMA FOR COVID-19 <i>Supported by Pfizer Hellas</i>	Meeting of the ESH Working Group on Small Arteries	Meeting of the ESH Working Group on Hypertension and the Brain	Meeting of the ESH Working Group on Endocrine Hypertension	Meeting of the ESH Working Group on Lifestyle, Cardiovascular Pharmacotherapy and Adherence			13.00
13.30						Meeting of the ESH Working Group on Large Arteries	Meeting of the ESH Working Group on Diabetes and Metabolic Risk Factors	13.30
14.30		Meeting of the ESH Working Group on Blood Pressure Monitoring and Cardiovascular Variability				Meeting of the ESH Working Group on Hypertension and Kidney	Meeting of the ESH Working Group on Hypertension and Cardiovascular Disease in Special Populations	14.30
15.00			Meeting of the ESH Working Group on Hypertension and the Heart	Meeting of the ESH Working Group on Hypertension in Children and Adolescents	Meeting of the ESH Working Group on Device- Based Treatment of Hypertension			15.00
16.00	General Assembly of the ESH Working Groups							16.00
16.30		Joint Session ESH-WHL CALL TO ACTION FOR HYPERTENSION CONTROL IN AFRICA	Iberican Session THE IBERICAN STUDY: ANALYSIS OF CARDIOVASCULAR RISK IN SPAIN	Session Jointe ESH et Société d'Hypertension de Langue Française - Joint Session ESH and French speaking Hypertension Societies NOUVEAUTÉS DANS LE DOMAINE DE L'HYPERTENSION - INNOVATION IN HYPERTENSION	The Balkan Symposium	Joint Session ESH- WHO NONCOMMUNICABLE DISEASES AND MIGRANT HEALTH	Portuguese Speaking Countries Session HYPERTENSION FOLLOW- UP DURING THE COVID-19 PANDEMIC SURGE	16.30
17.30								17.30
18.00	OPENING OF THE CONGRESS							18.00
19.00								19.00

**TIMETABLE - SATURDAY, JUNE 18**

**morning**

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	TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1						
07.45		Breakfast Session TREATMENT OF HYPERTENSIVE EMERGENCIES	Breakfast Session FIBROMUSCULAR DISPLASIA (FMD) - BEYOND RENAL ARTERIES	Breakfast Session ONCOLOGY MEETS HYPERTENSION: CURRENT TRENDS	Breakfast Session HYPERTENSION AND ATRIAL FIBRILLATION	Breakfast Session WHAT THE GENERAL HYPERTENSIOLOGIST NEEDS TO KNOW ABOUT SPECIFIC CHRONIC KIDNEY DISEASE PATIENTS?	Breakfast Session MULTIMODALITY IMAGING FOR HMOD. WHICH MODALITY REMAINS THE GOLD STANDARD	07.45					
08.00	Joint Session ESH-CHL JOINT SESSION ON CENTRAL HAEMODYNAMICIS												08.00
08.45							08.45						
09.00			Oral Session MICROCIRCULATION	Plenary Session 1 WHAT IS THE OPTIMAL BP TARGET IN CKD?	Oral Session LIFESTYLE CHANGES	Joint Session ESH-ISH NEW THERAPEUTIC OPPORTUNITIES FOR MANAGEMENT OF HYPERTENSION	Oral Session THERAPEUTICS AND CLINICAL TRIALS	09.00					
09.15											09.15		
10.00	Minisymposium BETA-BLOCKERS IN COMBINATIONS: ADDITIONAL OPPORTUNITY TO INDIVIDUALIZE TREATMENT FOR HYPERTENSIVE PATIENTS WITH CARDIAC DISEASES <i>Supported by Servier</i>	Workshop MASTERING: NIGHT-TIME HYPERTENSION AND NON-DIPPERS – IMPLICATIONS FOR THERAPY	Oral Session EPIDEMIOLOGY AND GLOBAL BURDEN	Oral Session CEREBROVASCULAR DISEASES, STROKE, AND COGNITIVE DYSFUNCTION	Oral Session KIDNEY 1	Oral Session ENDOCRINE AND GENETIC HYPERTENSION	10.00						
10.15												10.15	
11.00	Workshop HYPERTENSION AND CARDIOMETABOLIC RISK	Hands On CONTINUOUS CUFFLESS WEARABLE BLOOD PRESSURE DEVICES: POTENTIAL CLINICAL USES FOR THE OPTIMAL MANAGEMENT OF HYPERTENSION <i>Supported by Aktia</i>	Minisymposium ADVANCING HYPERTENSION TREATMENT: BEYOND LIFESTYLE MODIFICATIONS AND MEDICATIONS <i>Supported by Medtronic</i>	Late-Breakers ORAL SESSION 1	Minisymposium INITIAL SINGLE PILL COMBINATIONS IN HYPERTENSION MANAGEMENT <i>Supported by Sanofi</i>	Workshop MASTERING: HYPERTENSION IN WOMEN FROM DIAGNOSIS TO TREATMENT	Oral Session PRECISION MEDICINE AND ARTIFICIAL INTELLIGENCE IN HYPERTENSION	11.00					
11.15													11.15
11.30													
12.00								12.00					
12.15								12.15					
12.30	<b>BREAK - box lunches distribution (until 14.00)</b>							12.30					
13.00								13.00					

**TIMETABLE - SATURDAY, JUNE 18**

**afternoon**

Please note that all times refer to the Greek Time Zone in June 2022: EEST (Eastern European Summer Time)

	TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
13.00	<b>Satellite Symposium</b> WITH THE RECENT BP TARGETS, WHAT IS THE NEW FRONTIER FOR TRIPLE SPC AND BEYOND? <i>Supported by Servier</i>		<b>Workshop</b> WEARABLE BLOOD PRESSURE MONITORS: HAS TIME COME?		<b>Oral Session</b> SPECIFIC HOT ISSUES IN HYPERTENSION (PREGNANCY, ADULthood, EMERGENCY)	<b>Oral Session</b> EXPERIMENTAL HYPERTENSION AND PHARMACOLOGY	<b>Oral Session</b> BLOOD PRESSURE MEASUREMENT 1	13.00
13.30								13.30
14.00								14.00
14.30								14.30
15.00	<b>Oral Session</b> HYPERTENSION IN CHILDREN	<b>Minisymposium</b> A NOBEL PRIZE MOLECULE FOR HYPERTENSION <i>Supported by Menarini Group</i>	<b>Joint Session ESH-ESC</b> HYPERTENSION AND ORGAN DAMAGE	<b>Teaching Seminar Session 1</b> BLOOD PRESSURE MEASUREMENT. WHAT THE 2021 ESH PRACTICE GUIDELINES RECOMMEND	<b>Meet-the-Expert</b> TREATING HTN AND DM TO PREVENT HF. ONE SHOT - ONE KILL?	<b>How-to Session</b> HYPERTENSION IN BLACK AFRICANS: CONSENSUS STATEMENT OUTLINE	<b>Oral Session</b> MOLECULAR MECHANISMS	15.00
15.45	15.45							
16.00	<b>BREAK</b>							16.00
16.30	<b>Plenary Session 2</b> ANTIHYPERTENSIVE THERAPY 2022		<b>Joint Session ESH-ARTERY</b> ARTERIAL BIOMARKERS IN CLINICAL HYPERTENSION: HOW TO MOVE EVEN FURTHER?		<b>Clinical Cases Session</b> HOW TO MANAGE A HYPERTENSIVE PATIENT WITH ELECTROLYTE DISORDERS			16.30
17.00								17.00
17.30								17.30
18.00	<b>Joint Session ESH-ACC</b> HOME BLOOD PRESSURE MONITORING- AMERICAN AND EUROPEAN PERSPECTIVES AND FUTURE DIRECTIONS	<b>Joint Session ESH-HSH and Hellenic Society of Internal medicine, Hellenic Atherosclerosis Society and Hellenic Society of Cardiology</b> DIABETES AND CARDIOMETABOLIC RISK FACTORS	<b>Clinical Cases Session</b> HOW TO MANAGE A HYPERTENSIVE PATIENT WITH COMORBIDITIES	<b>Clinical Cases Session</b> HOW TO MANAGE HYPERTENSION IN ADOLESCENTS				18.00
18.15								18.15
19.15								19.15

**TIMETABLE - SUNDAY, JUNE 19**

**morning**

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	TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
07.45		Breakfast Session GREY ZONES IN THE FIELD OF HYPERTENSION TREATMENT	Breakfast Session LIVING IN AN UNHEALTHY ENVIRONMENT. HOW TO ACHIEVE BLOOD PRESSURE TARGETS	Breakfast Session UNDERSTANDING BETTER THE COGNITIVE IMPAIRMENT IN HYPERTENSION	Breakfast Session HYPERTENSION AND STROKE	Breakfast Session UNDERSTANDING BETTER HYPERTENSION IN OLDER ADULTS	Breakfast Session SHIFTING EXERCISE RECOMMENDATIONS IN HYPERTENSION AND COMORBIDITIES	07.45
08.00	Joint Session ESH-KSH CURRENT CONCEPTS OF HYPERTENSION MANAGEMENT IN YOUNG PATIENTS							
08.45						08.45		
09.00			Joint Session ESH-ERA CURRENT CONCEPTS IN HYPERTENSION AND KIDNEY DISEASE	Plenary Session 3 WHAT SHOULD BE THE ROLE OF RDN IN THE CLINICAL PRACTICE?	Oral Session LARGE ARTERIES	Oral Session LIFESTYLE AND COMORBIDITIES	09.00	
09.15								
09.30	How-to Session DIAGNOSIS OF NON-ADHERENCE IN THE CLINICAL CONSULTATION: WHEN AND HOW?	Workshop A YEAR OF RESEARCH IN FIBROMUSCULAR DYSPLASIA (FMD)						09.30
10.00				Minisymposium GLOBAL TREATMENT OF ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD): POLYPILL AS BASELINE TREATMENT FOR PATIENTS WITH ESTABLISHED ASCVD <i>Supported by Ferrer</i>			Minisymposium ADVANCING THE TREATMENT OF UNCONTROLLED HYPERTENSION WITH ULTRASOUND RDN <i>Supported by ReCor Medical</i>	Meet-the-Expert UNDERSTANDING BETTER HFpEF: THE VERSATILE DISEASE
10.15								
10.30								10.30
11.00	Minisymposium SHOULD WE TREAT HYPERTENSION, OR SHOULD WE TREAT PATIENTS? <i>Supported by Servier</i>	Late-Breakers ORAL SESSION 2		Oral Session KIDNEY 2		How-to Session HOW TO READ AND INTERPRET DIFFERENT TYPES OF META-ANALYSES IN HYPERTENSION: FOCUS ON PROS. AND CONS.	Oral Session COVID-19 AND HYPERTENSION	11.00
11.30								
12.00			Minisymposium NOCTURNAL HYPERTENSION: RISK FACTOR FOR ORGAN DAMAGE <i>Supported by Omron Healthcare</i>					12.00
12.30	BREAK - box lunches distribution (until 14.00)				General Assembly			12.30
13.00								13.00
13.30								13.30

**TIMETABLE - SUNDAY, JUNE 19**

**afternoon**

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	TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
13.00	<b>Satellite Symposium</b> CONSIDERING HYPERTENSION, SYMPATHETICALLY! <i>Supported by Merck</i>		<b>Clinical Cases</b> CLINICAL-PATHOLOGICAL CONFERENCE (CPC)		<b>Oral Session</b> BLOOD PRESSURE MEASUREMENT 2	<b>Oral Session</b> RESISTANT HYPERTENSION		13.00
13.30								13.30
14.00								14.00
14.30	<b>Oral Session</b> ATRIAL FIBRILLATION AND HYPERTENSION-MEDIATED ORGAN DAMAGE (HMOD)	<b>HANDS ON</b> THE CHALLENGE OF NIGHT-TIME BLOOD PRESSURE MEASUREMENT <i>Supported by SOMNOmedics</i>	<b>Workshop</b> HYPERTENSION AND CORONARY CIRCULATION: ARE WE DOING OUR BEST?	<b>Teaching Seminar</b> Session 2 EVALUATING THE WHOLE SPECTRUM OF DIFFICULT TO CONTROL (RESISTANT) HYPERTENSION	<b>Oral Session</b> BLOOD PRESSURE VARIABILITY	<b>Meet-the-Expert</b> HYPERTENSION AND DIFFERENT STAGES OF CKD		14.30
15.00								15.00
15.30								15.30
15.45								15.45
16.00	<b>BREAK</b>							16.00
16.30	<b>PLENARY SESSION 4</b> - PRESENTATION OF ESH AWARDS - BJORN FOLKOW AWARD LECTURE - PRESIDENTIAL LECTURE							16.30
18.00								18.00
18.15								18.15
19.15	<b>NEW ESH Members</b>	<b>Clinical Cases Session</b> HOW TO MANAGE DIFFERENT CLINICAL HYPERTENSIVE PHENOTYPES	<b>Clinical Cases Session</b> HOW TO MANAGE HYPERTENSION IN HEART DISEASE	<b>Clinical Cases Session</b> HOW TO MANAGE SECONDARY HYPERTENSION	<b>Joint Session</b> <b>ESH-LASH</b> THE CHALLENGE OF IMPROVING BLOOD PRESSURE CONTROL			19.15

## TIMETABLE - MONDAY, JUNE 20

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	TRIANTI	MITROPOULOS	SKALKOTAS	BANQUETING	MC 2	MC 3	CONFERENCE ROOM 1	
07.45		Breakfast Session "MODERN LIFESTYLE" AND HYPERTENSION	Breakfast Session PULSE WAVE VELOCITY IN THE CLINIC – MEASUREMENT OR ESTIMATION?	Breakfast Session HOW TO INTERPRET AND MANAGE HEART RATE IN HYPERTENSION	Breakfast Session SALT AND POTASSIUM INTAKE; HYPERTENSION AND CARDIOVASCULAR DAMAGE	Breakfast Session INDIVIDUALIZING THE ANTIHYPERTENSIVE TREATMENT	Breakfast Session STATUS OF BLOOD PRESSURE VARIABILITY	07.45
08.00	Joint Session ESH-Indian Society of Hypertension REDUCING CARDIOVASCULAR RISK IN HYPERTENSION							08.00
08.45								08.45
09.00		Workshop HYPERTENSION TREATMENT TARGETS IN THE ELDERLY: NEW DATA AND OLD PROBLEMS	Workshop RENAL DENERVATION – FROM SCIENCE TO CLINICAL PRACTICE	Oral Session DIABETES AND OBESITY	How-to Session MANAGING HYPERTENSION AND CVD RISK IN PATIENTS WITH CKD	Oral Session KIDNEY 3 AND RELATED ASPECTS		09.00
09.30	How-to Session SPECIAL SETTINGS FOR BLOOD PRESSURE MEASUREMENT - WHEN AND HOW?							09.30
10.00			Joint Session ESH-HEART FAILURE ASSOCIATION (HFA) FROM HYPERTENSION TO HEART FAILURE	Meet-the-Expert NOVELTIES IN THE DIAGNOSIS AND MANAGEMENT OF PRIMARY ALDOSTERONISM	Workshop INFLAMMATION, IMMUNITY AND THE ARTERIAL DAMAGE: WHAT HAVE WE LEARNED FROM THE COVID-19 PANDEMIC?			10.00
10.15								
11.00	PLENARY SESSION 5							11.00
12.30	BREAK - box lunches distribution (until 14.00)							12.30
13.00	Teaching Seminar Session 3 SECONDARY HYPERTENSION. WHEN TO SUSPECT, HOW TO SCREEN AND HOW TO TREAT			Oral Session AGEING		Workshop COVID-19, HYPERTENSION AND CARDIOVASCULAR DISEASE	Late-Breakers ORAL SESSION 3	13.00
13.30		Workshop PREVENTION IN CHILDREN AND ADOLESCENTS	Meet-the-Expert THROMBOEMBOLISM AND BLEEDING IN HYPERTENSION AND ATRIAL FIBRILLATION: "ALL IN GOOD MEASURE"		How-to Session HOW TO EVALUATE VASCULAR AGEING – CLINICAL CASE STUDIES			
14.00								14.00
14.15								14.15
14.30								14.30